

### Cassop Primary School Sports Premium 2021-22

Our Sports Premium allowance for the academic year 2021-22 is **£17,270**. In addition to this we carried over **£390** from 2019-20 (March '19-April ' 20) and carried over **£3,520** from 2020-21 (May '20 – April '21) making this year's total **£21,180.00**

The premium will be used to fund additional and sustainable improvements to the provision of PE and sport to encourage the development of healthy, active lifestyles. The Department for Education's vision for the Primary PE and Sports Premium is that ALL pupils leaving primary school should be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport. We endeavour to see an improvement against the following 5 key indicators:

KEY INDICATORS				
<b>Indicator 1: the engagement of all pupils in regular physical activity</b> - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school	<b>Indicator 2: the profile of PE and sport is raised</b> across the school as a tool for whole-school improvement	<b>Indicator 3: increased confidence, knowledge and skills of all staff</b> in teaching PE and sport	<b>Indicator 4: broader experience of a range of sports and activities</b> offered to all pupils	<b>Indicator 5: increased participation in competitive sport</b>

Programme or Initiative	KEY INDICATORS					Cost	Impact and Sustainability
	Indicator 1	Indicator 2	Indicator 3	Indicator 4	Indicator 5		
<b>Service Level Agreement with the Durham and Chester-le-Street School Sports Partnership</b> <ul style="list-style-type: none"> <li>• <b>Staff CPD</b> <ul style="list-style-type: none"> <li>- Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport.</li> </ul> </li> </ul>	Y	Y	Y	Y	Y	<b>£7,075</b>	<ul style="list-style-type: none"> <li>- PE Lead has attended 3 PE Coordinator meetings and has been provided with information regarding the development of PE and sport locally and nationally. This information has been used to enhance the use of the Sports Premium and sporting opportunities for the children in school. Relevant information from this has been passed onto Governors, SLT and relevant staff.</li> <li>- Upskilling the knowledge of the PE Lead to use this information to drive PE and sport forward in school.</li> </ul>

- **Inter-school competitions and festivals**

- A wide variety of competitions and festivals encouraging participation and excellence in sport.

As a school we have attended the following events and festivals which have given all pupils across the school an opportunity an experience of this

<b>Competition/Festival/Event</b>	<b>Participants 2021/22</b>
Y3 Tri Golf	25
Y5 Gymnastics	25
Colour Run	Whole School
Y5/6 Mixed Football League	10
Leadgate Football Cup	10
Y6 Gymnastics	28
Y5/6 Sportshall Athletics	28
Y4 Gymnastics	25
Y5/6 Mixed Football League - Spring	10
Infant Agility for reception	19
Ks2 Swimming Gala	14
Y3/4 Mini Tennis	51
Y1 OAA Festival	10
Y5/6 Girls Cricket	12
Y5/6 Athletics	28
Y5/6 Cricket	28
Durham Dash	16
Y3/4 Cricket Skills Festival	26
Y6 Leavers Festival	20
KS1 MS Festival	28
Reception Festival	28

- **Strategic support for HT and PE Subject Leader**

- working with a PE Specialist to strategically plan and ensure that PE, sport and physical activity is high quality and meets the needs of the pupils in the school.

PE Coordinator worked alongside SSP staff to develop spending and plans linked to the sport premium. Time was also spent looking at curriculums and what might be best for the school moving forward.

Curriculum analysis carried out to ensure a broad and balanced curriculum is being delivered.

- **Online PE and sport resources**
  - Teaching and coaching resources to enhance the delivery of PE and school sport.
  
- **Intra-School Competitions and Personal Best Challenges**
  - An online resource which provides competitive opportunities within school and for individuals.
  
- **12 hours of Nursery/EYFS curriculum support from a PE Specialist.**
  - Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport.
  
- **4 hours of Stingers (High 5) Netball curriculum support from a PE Specialist.**
  - Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport.
  - Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport.
  
- **12 hours of High-Quality curriculum staff mentoring by a Gymnastics coach**
  - Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport.

Time spent looking at School Games Mark and planning for applying at Platinum level.  
Staff have accessed these to help with their planning of PE lessons to add variety and progression to their teaching.

We have produced our own resources using the SSP ones as a guide. These are ran on a regular basis across the whole school to expose all children to competition.

Half term of work based around fundamental movement. New resources introduced and assessments carried out in line with ELG's. Progression of skills work and differentiation suggested for SEND pupils.  
Full resources file left for staff to continue with the EYFS core tasks.

Upper KS2 Stingers Netball development- 2 half days developing staff and children's knowledge of skills and the application of these within a structured stingers netball match.  
Resources for further staff development provided to the school.

Gymnastics – Year 1/2 worked on Families of Actions core task and broke down each of the 4 disciplines to work on technique. They then used both floor and apparatus to produce a sequence with 4 or 8 actions.  
Year 3/4 worked on Partner Work core task. They developed matching and mirroring balances and produced an 8 action sequence using floor and apparatus. Resources left with staff.

- **18 hours of High-Quality curriculum staff mentoring by a coach in one of the following areas: Invasion Games**
  - Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport and provision of an after-school club.
- **Participation in the full Durham City Primary Schools FA programme including access to football leagues.**
  - Allow students to attend and compete against other schools in football
- **A half day intra event where an SSP staff member works alongside a class teacher/s to deliver an intra event on the school site aiming to help staff select the students who will go on to represent the school in an inter-school event.**
  - Development of staff knowledge in a particular sporting activity.
- **'Zumba Kids' morning**
  - Students get the opportunity to experience different dance styles.
- **A morning 'Come Dance with Me' festival**
  - Students get the opportunity to experience different dance styles.
- **1 full day of cycle or scooter workshops (options of stabilizer free, scooter safety sessions etc).**
  - Help develop the skill of riding a bike.
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Year 3 and Year 4 Invasion Games – as a class we looked at breaking down the rules and skills related to various games such as dodgeball (throwing, catching), benchball (movement), capture the flag (team work) etc.

The school football teams took part in a range of cup competitions this year across KS2 for both boys and girls. They look forward to continuing with this next year.

All KS2 pupils took part in an Tag Rugby competition within school which promoted the sport and encouraged them to take part outside of school.

Year 3/4/5 Zumba taster morning – Fun, high intensity Zumba fitness session covering the 4 main Zumba rhythms. This introduced pupils to new ways of keeping fit and encouraged a active, healthy lifestyle.

Come Dance Festival – Taster festival, Year 5/6 children tried 4 different dance styles throughout the morning. Rock 'n' Roll, Samba, Street & Bollywood were their chosen styles.

All pupils across the school got the opportunity to develop their bike skills. This increased their competence in riding a bike which promotes cycling in their own time which hopefully encourages them to lead an active lifestyle.

<ul style="list-style-type: none"> <li>• <b>12 hours of High-Quality curriculum staff mentoring by a Dance coach</b> <ul style="list-style-type: none"> <li>- Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport.</li> </ul> </li> <li>• <b>OAA/Team Building</b> <ul style="list-style-type: none"> <li>- 1 full day to develop children’s OAA skills at both KS1 and KS2.</li> <li>- Provide children the opportunity to develop teambuilding and communication skills within outdoor physical activity challenges. The day will be led by SSP staff and supported throughout the day by your Year 5/6 pupils</li> </ul> </li> </ul>							<p>Year 3/4 Curriculum Dance Support – Coal mining theme delivered. Working alongside school staff to help increase confidence in delivery. The children worked in small groups and as a class to create and develop short sequences. We explored key dance actions and techniques such as Canon, Motif etc to develop a class routine using all sequences.</p> <p>Year 5/6Curriculum dance support – Caribbean theme delivered. Working alongside school staff to help aid future delivery. The children worked in small groups to create short sequences which we included in a class routine along with sequences taught by Coach. The children used techniques such as Unison, Canon, levels, formation, dynamics etc. throughout the block of work.</p> <p>All pupils in the school took part in activities which helped them develop their communication and co-operation skills. Our team of sports leaders ran the activities after some training. This developed their leadership skills significantly across the day.</p>
<p><b>A 36-hour fitness &amp; health education programme</b></p> <ul style="list-style-type: none"> <li>- To develop pupil’s knowledge of fitness and health in a fun environment</li> </ul>	Y			Y		£1,900	<p>2x 12 week sessions Excellent coach all were extremely popular with pupils and staff. The less active students found these engaging and had a desire to participate in more. Y3, Y4/5 &amp; Y5/5 classes all took part during spring &amp; summer terms. Fitness Day</p>
<p><b>Fundamental Movement Skills Programme (AE Coaching)</b></p> <ul style="list-style-type: none"> <li>• Programme focused on developing fundamental movement which will allow pupils to access the PE Curriculum/Sporting activities in future years</li> </ul>	Y		Y	Y		£640	<p>Reception, Year 1 and Year 2 pupils have accessed these sessions which have helped develop their basic skills. Staff have gained new ideas on how to teach these in a fun way to engage all children.</p> <p>A Street Games day was delivered across the school. This introduced pupils to ‘traditional’ games that they can play in the future at home or in breaks at school. This has helped encourage pupils to be more physically active across school.</p>

<b>Fitness Equipment Package</b> <ul style="list-style-type: none"> <li>Purchase a fitness equipment package, with training, to introduce a range of fitness activities and circuits. This is to improve fitness levels as since school has returned after Covid-19 closure we have noticed significantly lower levels of fitness across the school. (Includes Fitness Day, Teacher Training and equipment)</li> </ul>	Y			Y		£600	Staff training has taken place on how to use this equipment safely and effectively. Sessions are to be run in the next academic year to promote physical activity across all pupils.
<b>Yoga</b> <ul style="list-style-type: none"> <li>Opportunities for children in Nursery, Y1/2 &amp; Y3/4 to engage in fun movement, exercise and stretching activities in a more relaxed environment.</li> <li>*Children will benefit from these additional sessions to curriculum PE to build confidence and skills.</li> </ul>						£600	Excellent six week block in Autumn term with Beth Haywood. We targeted the Nursery/ Reception, Y1/2 & Y3/4 classes as we have children who would benefit from calm and relaxing PE sessions. Offered an extra six week block session in Spring term for Y4/5 This really helped the children developed their own relaxation strategies when feeling anxious or frustrated.
<b>Street dance (AE Coaching)</b> <ul style="list-style-type: none"> <li>Programme focused on developing street dance skills</li> </ul>						£640	Street Dance was delivered to Year 1/2, Y3/4 and Year 4/5. This provided novel ways to develop Street dance skills which engaged pupils throughout the sessions
<b>Strictly Come Dancing Day</b> <ul style="list-style-type: none"> <li>Ballroom dance sessions where the Dance coach will work with each class on Children in Need Day</li> </ul>						£200	A lovely session linked with Children in Need day the children learned how to carry out some Strictly moves which helped release Covid anxieties at the same time.
<b>Rewards</b> <ul style="list-style-type: none"> <li>Certificates and stickers to promote participation and achievement in PE, school sport and physical activity</li> </ul>	Y	Y			Y	£50	These continue to motivate students to take part in physical activity. Effort and commitment in sessions continues to be high as a result.
<b>Supply</b> <ul style="list-style-type: none"> <li>Enable staff to attend updates on PE developments and CPD to develop knowledge in the delivery of curriculum lessons.</li> </ul>			Y			£1,000	This was used to allow the PE Coordinator to attend three subject leaders training days. This raised awareness of developments in PE and school sport.
<b>Transport</b> <ul style="list-style-type: none"> <li>Transport to and from festivals to allow more pupils to participate in inter-school competition.</li> <li>Provide transport so that students can access a wider variety of sporting activities.</li> </ul>	Y	Y		Y	Y	£2,000	This was used to allow pupils to take part in the festivals and competitions highlighted above. These promote outside sporting opportunities

<p><b>After-School clubs</b></p> <ul style="list-style-type: none"> <li>Football - Session to get more children involved in football and help to develop the school football team.</li> <li>Parachute Games – to encourage less sporty children to attend physical activity sessions</li> </ul>	Y			Y	Y	£500	<p>6 week block Teaching Assistant taught excellent skills all were extremely popular with pupils. The less active students found these engaging and had a desire to participate in more. Football team worked with our in-school football coach lots of opportunities to play both in school and at league games for the Partnership. .</p>
<p><b>Sports Equipment</b></p> <ul style="list-style-type: none"> <li>Equipment for lunchtime supervisors and sports leaders to encourage more physical activity at break and lunchtimes.</li> <li>Equipment for physical activity sessions to target children being active for 30+ minutes per day.</li> <li>Curriculum PE equipment to ensure a high-quality PE lessons can be delivered by staff.</li> </ul>	Y	Y		Y		£2,131	<p>Equipment has meant that a greater range of physical activity can be delivered across the school. This has led to increased levels of physical activity.  New Gymnastics mats and benches have allowed a greater rang of skills to be developed across all year groups in this area of the curriculum</p>

Total

£17,336.00

£21,180.00-£17,336.00=£3,844 left to spend

## 2021-22 Swimming

### At Cassop Primary School:

- 88% of Year 6 pupils can swim competently, confidently and proficiently over a distance of at least 25m
- 85% of Year 6 pupils can use a range of strokes effectively such as front crawl, backstroke and breaststroke.
- 87% of Year 6 pupils can perform safe self-rescue in different water-based situations